



Dear Friend,

On September 12, 2009, I will be *running for someone who can't* in the 3rd Annual Run for Robbie in Leesburg, Virginia. Run for Robbie is a fundraising event hosted by Care Code, Inc., a non-profit dedicated to empowering Spinal Cord Injury survivors.

Care Code was founded by Robert Wall (the Robbie in Run for Robbie) and his wife Amanda. On August 20th, 2005 Robert suffered a spinal cord injury while diving in Rehoboth Bay. He was left with very little movement below the shoulders and, according to doctors, would be confined to wheelchair for the rest of his life. For 13 months he went to physical therapy with little or no improvement. Then he and his wife discovered a program called Project Walk.

Project Walk is an exercised based recovery program and within weeks of attending his first sessions, Robert was standing on his own. Within months, he was walking with a walker. He now has posted on his personal website a video of himself walking up a flight of stairs, pulling behind him the wheelchair that was supposed to have been his prison.

Here's the catch; Project Walk is not covered by insurance, and it's expensive. So Robert and Amanda are doing what they can to make this wonderful program and others like it, available to those who have been given the same grim prognosis. Care Code tries to do this in two ways. 1) They give out grants to send people to exercise based recovery programs. 2) They develop customized personal websites for injured individuals to share their story and foster their own network of support, which in turn should help to fund additional time at whatever program they are attending. Furthermore, these websites will serve as agents of emotional support for both the injured individual and the family and friends who take so much joy in witnessing their progress.

You can help too! By making a tax deductible donation to Care Code, you can help fund someone else's recovery and help that person share their own story about beating the odds.

Thank you in advance for your support. I hope to see you at the Run and at the Care Code Benefit Dinner on September 12th!

For more information about Care Code or to make a tax-deductible donation, please visit their website at www.carecode.org.

Sincerely,

