

Our History

Care Code, Inc. was founded in 2008 by Robert and Amanda Wall who experienced the devastating effects of a spinal cord injury after Robert unknowingly dove into shallow water. Rob needed to keep his friends and family updated about his recovery but found it emotionally draining to make phone calls and send multiple emails. He quickly realized that the best way to maintain communication with his support network was through a personalized website.

In 2006 Rob created his own website where he shared news about the remarkable recovery that resulted from participation in an exercised-based recovery program called *Project Walk*. Prior to participating in this program Rob was completely dependent upon his wife for his daily care. The website provided a place to receive much needed support and encouragement as well as share news about his amazing progress, which included a video of him taking his first steps 'post injury'.

Rob decided to share his computer skills and love of exercise based recovery with the spinal cord community so everyone afflicted with this life-altering injury can maintain communication with their support system and have the opportunity to experience an exercise-based model.



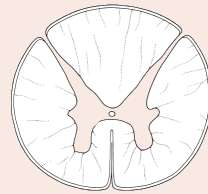
"Exercise-based recovery changed my life and having a customized website helped me stay connected with my friends and family. Being able to receive support when I was 3000 miles away recovering meant the world to me."

--ROBERT WALL

Donate

Care Code services are provided free of charge to qualifying clients. In order to continue to empower spinal cord injury survivors, we need your support. Donations are accepted by mail or online.

Care Code has exempt status under section 501 [C] [3] of the IRS code. Accordingly, contributions to Care Code are tax deductible to the extent allowed by law. Care Code respects the privacy of contributors and does not share its mailing lists with any other organization or individual.



Care Code, Inc.

PO Box 2767 * Leesburg, VA 20177

Phone: 877-261-CODE

Fax: 877-650-9181

www.carecode.org



Care Code Inc.
Empowering Spinal Cord Injury Survivors
since 2008

Helping Spinal Cord Injury Survivors Achieve Their Highest Recovery

"SCI has an immediate and devastating impact on one's physical, social, and emotional well-being. While the impact of the injury is different for each individual, the recovery period is the same -- a lifetime. Care Code, Inc. is committed to easing the recovery progress for SCI survivors and their families."

--AMANDA WALL

Our Mission

Care Code, Inc. is a non-profit organization dedicated to empowering spinal cord injury (SCI) survivors. We achieve our mission by creating websites that enable users to develop a strong network of financial and emotional support and offering a grant program that improves access to exercise-based recovery. Through our activities, we seek to help every SCI survivor achieve their highest emotional and physical recovery.



Patrick Ivison, 13, recipient of Care Code grant working hard towards recovery.

"The physical, psychological, and health-related benefits of exercise and physical activity can be especially important for individuals with spinal cord injury (SCI), regardless of weight, age, or ability -- not only to maintain a healthy body, but also a healthy frame of mind."

--THE NATIONAL SPINAL CORD INJURY ASSOCIATION

There are approximately 250,000-400,000 individuals living with a spinal cord injury (SCI) in the United States.

(National Spinal Cord Injury Statistical Center)

Our Services

Website Program

At Care Code we specialize in developing free, customized websites for spinal cord injury survivors. Our primary mission is to give SCI survivors a place on the web where they can efficiently share news about their recovery, receive support from family and friends and launch personal fundraising campaigns.

By providing a personalized website that enhances the ability to stay connected to a support system, we hope to improve emotional recovery from the catastrophic impact a spinal cord injury has on the injured individual and their family.

Grant Program

Exercise is an essential component to achieving a healthy mind and body after sustaining a spinal cord injury. We understand that access to exercise is often limited due to financial constraints. Through our grant program, financial assistance is available to individuals who are planning to participate in an exercise-based recovery program at one of our approved sites. For a list of programs, please visit www.carecode.org.

At Care Code, we believe exercise will improve physical recovery and help our clients achieve optimal health which will prevent secondary conditions such as osteoporosis, cardiovascular disease, urinary tract disorders, and depression.

To Apply

Eligibility Criteria

1. Individual must be a citizen of the United States
2. Individual must have sustained a traumatic injury to the spinal cord that has resulted in partial or total paralysis
3. Individual's total annual household income must not exceed \$50,000 for singles, \$100,000 for couples*

*Websites may be purchased if individual does not meet the financial eligibility.

Application Process

Applications for both Care Code programs are available on our website www.carecode.org and are only accepted online.



A Care Code website in action.